

HELLENIC ASSOCIATION
OF ORTHOPAEDIC SURGERY
AND TRAUMATOLOGY (H.A.O.S.T.)

ATHENS ACADEMY AWARD 2004



76th

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Panhellenic
Congress of
Orthopaedic Surgery
& Traumatology

14-17

October 2020

Divani Caravel Hotel

Athens

Under the
patronage of



FINAL PROGRAMME





Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 1

09.00-10.00 **SYMPOSIUM**
HAOST SPORT INJURIES SECTION
 Moderators: **K. Kateros, E. Brilakis**

A. Deligeorgis
F. Zampeli
G. Tsikouris
G. Avramidis
V. Zois

10.00-10.10 *BREAK*

10.10-11.10 **SYMPOSIUM**
HAOST FOOT AND ANKLE SURGERY SECTION
 Moderators: **A. Eleftheropoulos, A. Konstantinides**

E. Evaggelou
Ch. Vassos
A. Badekas
N. Gougoulas
D. Chatziemmanouil

11.10-11.20 *BREAK*

11.20-12.20 **SYMPOSIUM**
HAOST TRAUMA SECTION
 Moderators: **G. Gouvas, Ch. Petrou**

E. Kalivas
M. Kyrkos
N. Sachinis
A. Kouzelis

12.20-12.30 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 1

12.30-13.30 **SYMPOSIUM**
HAOST HIP AND KNEE RECONSTRUCTIVE SURGERY SECTION
 Moderators: **V. Bitounis, K. Labropoulou-Adamidou**

N. Manolis
K. Labropoulou-Adamidou
A. Pastroudis
E. Chronopoulos
S. Adam

13.30-13.40 *BREAK*

13.40-14.40 **SYMPOSIUM**
DISTRACTION HISTOGENESIS
 Moderators: **D. Polyzois, V. Polyzois**

M. Beltsios
K. Giannikas
T.B. Grivas
V. Polyzois
A. Drakou

14.40-14.50 *BREAK*

14.50-15.50 **SYMPOSIUM**
HAOST SHOULDER AND ELBOW SURGERY SECTION
 Moderators: **E. Fandridis, P. Dimakopoulos**

J. Feroussis
P. Papadopoulos
Ch. Sinopidis
Z. Kokkalis
A. Panagopoulos
A. Boutsiaades

15.50-16.00 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 1

16.00-17.00 **ROUND TABLE**
THE DIFFICULT TOTAL HIP ARTHROPLASTY
 Moderators: **P. Chatzigrigoris, E. Sarras**

D. Evagelopoulos
V. Sakellariou
P. Lepetsos
J. Galanopoulos
J. Vlamis

17.00-17.10 *BREAK*

17.10-18.10 **ROUND TABLE**
OPTIONS IN TOTAL KNEE ARTHROPLASTY
 Moderators: **S. Papadakis, N. Zacharakis**

A. Kostakos
A. Lilikakis
L. Oikonomou
D. Evagelopoulos
E. Chronopoulos

18.10-18.20 *BREAK*

18.20-19.20 **SYMPOSIUM**
ACL RECONSTRUCTION
 Moderators: **P. Nikolaou, M. Hantes**

P. Nikolaou
M. Hantes
D. Alexakis
Th. Karachalios

19.20-19.30 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 1

19.30-20.30 **FACULTY SYMPOSIUM**
 Moderators: **A. Kostakos, P. Giannoudis**

- Characteristics of Orthopaedic Implants in Osteosynthesis
S. Papadakis
- How Can I Predict Long Bone Non-Union: Scoring Systems and Case Discussion
P. Giannoudis
- Biologic and Physiologic Effects of Intramedullary Reaming
A.M. Guimaraes
- Non-Union Treatment and Cell Therapy
E. Barrena
- Bone Graft Substitutes in 2020 - An Update
N. Kanakaris

20.30-20.40 *BREAK*

20.40-21.20 **KEYNOTE LECTURES**
 Moderators: **A. Kostakos, V. Bitounis**

- Management of Massive Rotator Cuff Tears. How I Do It
O. Haddo
- Orthopaedics in the Next Decade: Robotics, X-Reality, Bio-Omics, Meta-Data
E. Tsiridis

21.30 **VIRTUAL OPENING CEREMONY**
Keynote Lecture
Mentorship and Leadership. The Inspiring Values for the Future of Orthopaedics
P.N. Soukagos

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 2

09.00-10.00 SYMPOSIUM
HAOST MUSCULOSKELETAL ONCOLOGY SECTION
 Moderators: **J. Papakostas, Th. Kormas**

O. Savvidou
A. Mourikis
J. Papanastasiou
Ch. Zambakides
J. Papakostas

10.00-10.10 *BREAK*

10.10-11.10 SYMPOSIUM
HAOST SPINE SECTION
 Moderators: **S. Papastefanou, I. Tsiganos**

A. Kapinas
K. Starantzis
Th. Apostolou
E. Samoladas
S. Papastefanou

11.10-11.20 *BREAK*

11.20-12.20 ROUND TABLE
ENTRAPMENT AND COMPRESSIVE NEUROPATHIES OF THE UPPER LIMB
 Moderators: **K. Xarchas, K. Tolis**

F. Zampeli
A. Manimanaki
A. Barbitsioti
V. Tsiaba
P. Kanellos

12.20-12.30 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 2

12.30-13.30 SYMPOSIUM
HELLENIC SOCIETY OF RECONSTRUCTIVE MICROSURGERY & HELLENIC SOCIETY OF HAND AND UPPER EXTREMITY
 Moderators: **D. Dionisiou, N. Zagoraivos**

S. Spyridonos
E. Demiri
A. Korobilias
Z. Dailiana

13.30-13.40 *BREAK*

13.40-14.40 SYMPOSIUM
HAOST PRIMARY HEALTH CARE SECTION
 Moderators: **P. Christogeorgos, A. Aggoules**

K. Saropoulos
P. Christogeorgos
G. Andrikopoulos
I. Liras
E.C. Panagiotopoulos

14.40-14.50 *BREAK*

14.50-15.50 ROUND TABLE
MANAGEMENT OF THE MULTIPLE INJURED PATIENT
 Moderators: **I. Pantazopoulos, F. Nikolopoulos**

A. Chalkias
J. Pantazopoulos
G. Adamos
M. Papanagiotou
D. Dourakis

15.50-16.00 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 2

16.00-17.00 **ROUND TABLE**
THE EFFECT OF INTENSE EXERCISE IN CHILDHOOD
Moderators: **N. Geladas, A. Mavrogenis**

P. Koulouvaris
G. Bogdanis
O. Donti
Ch. Tsolakis

17.00-17.10 *BREAK*

17.10-18.10 **SYMPOSIUM ΤΜΗΜΑΤΟΣ ΟΡΘΟΠΑΙΔΙΚΗΣ ΠΑΙΔΩΝ Ε.Ε.Χ.Ο.Τ.**
HAOST PEDIATRICS ORTHOPAEDIC SECTION
Moderators: **Ch. Konstantoulakis, N. Markeas**

I. Papamerkouriou
A. Pilichou
N. Nicolaou
N. Nicolaou

18.10-18.20 *BREAK*

18.20-19.20 **SYMPOSIUM**
HAOST ORTHOPAEDIC RESEARCH SECTION
Moderators: **O. Savvidou, M. Lykissas**

A. Kaspiris
D. Kitridis
I. Lianou
D. Giannoulis

19.20-19.30 *BREAK*

Scientific Program

WEDNESDAY 14 OCTOBER 2020

➔ Studio 2

19.30-20.30 **ROUND TABLE**
COMMON FOOT AND ANKLE DISORDERS
Moderators: **A. Badekas, G. Thivaivos**

J. Spanos
J. Petroutsas
S. Ristanis
G. Chloros
M. Rozis

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 1

09.00-10.00 **SYMPOSIUM**
FRACTURES I
 Moderators: **G. Gialas, N. Zervakis**

K. Kokorogiannis
J. Papachristos
A. Papatirou
G. Kountis
N. Korres

10.00-10.10 *BREAK*

10.10-11.10 **SYMPOSIUM**
FRACTURES II
 Moderators: **Ch. Papageorgiou, J. Fotoniatis**

J. Hatzikomninos
A. Foukas
D. Georgianos
N. Manolis
D. Mantakos

11.10-11.20 *BREAK*

11.20-12.20 **ROUND TABLE**
FOOT AND ANKLE INJURIES
 Moderators: **A. Eleftheropoulos, A. Topkas**

J. Vailas
A. Eleftheropoulos
J. Petrakis
S. Tsitsilonis
A. Papanikolaou

12.20-12.30 *BREAK*

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 1

12.30-13.30 **ROUND TABLE**
KNEE OSTEOARTHRITIS
 Moderators: **M. Sokorelos, M. Kassetta**

J. Sourlas
G. Themistokleous
D. Koulalis
J. Triantafilopoulos
N. Karamanis

13.30-13.40 *BREAK*

13.40-14.40 **LECTURES**
INTRAMEDULLARY NAILING
 Moderators: **P. Megas, I. Koulouris**

- Intramedullary Nailing. Indications and Surgical Technique
L. Nikolakakos
- Nailing in Tibial Fractures, Suprapatellar vs Infrapatellar Approach?
A.M. Guimaraes
- The Contribution of the Blocking Screw in the Prevention of the «Open» Reduction of the Non-Reducible Femoral Fractures
Ch. Garnavos
- Biomechanical Comparative Study on the Proximal Locking of the Intramedullary Nail in Proximal Tibial Fractures
G. Gkouvas
- Complications of Intramedullary Nailing
Ch. Arnaoutoglou

14.40-14.50 *BREAK*



Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 1

14.50-16.40 EUROPEAN HIP SOCIETY SYMPOSIUM
THE STATE OF ART IN HIP ARTHROPLASTY. THE EHS PERSPECTIVE
 Moderators: **E. Tsiridis, A. Kostakos**

- Introduction
E. Tsiridis
- Revision Hip Concepts
P. Gikas
- Simplifying the Hip Spine Relationship
R. Schwarzkopf
- CT Assessment of Position of 3D Printed Acetabular Implants
A. Hart
- Prevention of Dislocation Following Primary THA
L. Poultsides
- Past, Present and Future of Bone-Metal Interfaces of Uncemented Hip Implants
J.A. Epinette
- Couple Bearing Choice in Young Adult Patients: One Better Than Others?
O. Marin-Peña
- ART Report: Level 4 Arthroplasty Registry of Thessaloniki, Data on Complex Primary and Revision Hip Arthroplasty
E. Kenanidis
- The Way Forward and Overall Discussion
E. Tsiridis

16.40-16.50 *BREAK*

16.50-17.50 ROUND TABLE
CHALLENGES IN TOTAL KNEE ARTHROPLASTY
 Moderators: **K. Balalis, J. Lachanas**

N. Zacharakis
K. Bargiotas
K. Stafilas
K. Tsiamtsouris
G. Alexiadis

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 1

17.50-18.00 *BREAK*

18.00-19.00 ROUND TABLE
REVISION TOTAL KNEE ARTHROPLASTY
 Moderators: **K. Kateros, N. Baxevanos**

M. Tiliakos
A. Ververidis
A. Koukakis
N. Stavropoulos
K. Papoutsis

19.00-19.10 *BREAK*

19.10-20.10 **SATELLITE SYMPOSIUM**



20.10-20.20 *BREAK*

20.20-21.20 ROUND TABLE
REVISION TOTAL HIP ARTHROPLASTY
 Moderators: **J. Vlamis, V. Nikolaou**

V. Vernardakis
S. Darmanis
K. Tilkeridis
V. Nikolaou
Ch. Vottis

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 2

09.00-10.00 **ROUND TABLE**
OSTEOPOROSIS AND OSTEOPOROTIC FRACTURES
 Moderators: **G. Kapetanos, N. Papaioannou**

K. Stathopoulos
N. Shizas
Ch. Kosmidis
J. Papachristos
N. Markeas

10.00-10.10 *BREAK*

10.10-11.10 **LECTURES**
OSTEOPOROSIS COMPLICATIONS
 Moderators: **A. Mavrogenis, D. Flevas**

A. Mavrogenis
A. Tiletzoglou
A. Kapetanou
M. Makestas

11.10-11.20 *BREAK*

11.20-12.20 **ROUND TABLE**
NAVIGATION AND ROBOTICS IN TOTAL HIP AND KNEE ARTHROPLASTY
 Moderators: **Th. Xenakis, N. Kalos**

D. Oikonomopoulos
D. Chissas
K. Dretakis
A. Tokis
N. Roidis

12.20-12.30 *BREAK*

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 2

12.30-13.30 **ROUND TABLE**
ARTHROSCOPY TECHNIQUES. TIPS AND TRICKS
 Moderators: **D. Alexakis, A. Katsos**

E. Brilakis
Ch. Sinopidis
N. Darlis
A. Papavasiliou
D. Erginousakis
A. Badekas

13.30-13.40 *BREAK*

13.40-14.40 **LECTURES**
UPPER LIMB SURGERY
 Moderators: **N. Zagoraios, G. Kassimatis**

M. Vekris
N. Zagoraios
F. Giannoulis
J. Ignatiadis
E. Apergis

14.40-14.50 *BREAK*

14.50-15.50 **SYMPOSIUM**
**HELLENIC ASSOCIATION OF ARTHROSCOPY,
 KNEE SURGERY AND SPORTS INJURY**
 Moderators: **M. Iosifidis, S. Plessas**

A. Panagopoulos
A. Tzaveas
V. Chouliaras
P. Kouloumentas
G. Skarpas

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 2

15.50-16.40 LECTURES
SPINE SURGERY
 Moderators: **S. Pnevmatikos, A. Chatzigiannakis**

16.40-16.50 *BREAK*

16.50-17.50 MUSCULOSKELETAL ONCOLOGY SYMPOSIUM
 Moderators: **P. Papagelopoulos, O. Savvidou**

- Sacral Tumors
P.S. Rose
- Improving Functional Outcome Following Limb Salvage Surgery for Soft Tissue Sarcomas
M.T. Houdek
- Reconstruction of Hip and Proximal Femur After Tumor Resection
P. Gikas
- Extensor Mechanism Reconstruction After Tumor Resection
P. Papagelopoulos

17.50-18.00 *BREAK*

18.00-19.00 LECTURES
ELBOW SURGERY
 Moderators: **S. Sourmelis, J. Christogiannis**

- J. Sarris**
- O. Savvidou**
- P. Givissis**
- S. Varitimidis**
- K. Ditsios**

19.00-19.10 *BREAK*

Scientific Program

THURSDAY 15 OCTOBER 2020

➔ Studio 2

20.20-21.20 SUMPOSIUM
SHOULDER SURGERY
 Moderators: **J. Feroussis, E. Antonogiannakis**

- Reverse Shoulder Arthroplasty. Extended Indications
O. Haddo
- Anatomical Shoulder Arthroplasty
G. Panagopoulos
- Preoperative Planning and Robotics in Total Shoulder Arthroplasty
E. Antonogiannakis
- Multidirectional Shoulder Instability. Current Treatments
I. Kotsalis
- Shoulder Arthroplasty: Results and Lessons Learnt From the National Joint Registries
G. Mazis

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 1

09.00-10.00 **LECTURES**
ORTHOPAEDIC TRAUMA
 Moderators: **K. Kavvadias, P. Debegiotis**

E. Papadelis
P. Papadopoulos
D. Varvitsiotis
Ch. Dinopoulos
P. Savvidis

10.00-10.10 *BREAK*

10.10-11.10 **LECTURES**
SPECIAL ISSUES ON HIP SURGERY
 Moderators: **Ch. Sdrenias, L. Oikonomou**

A. Korobilias
G. Kiriakopoulos
M. Tillianakis
G. Triantafilopoulos
S. Plakoutsis

11.10-11.20 *BREAK*

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 1

11.20-12.20 **ROUND TABLE**
COMPLICATIONS OF TOTAL HIP ARTHROPLASTY
 Moderators: **K. Kateros, I. Kalavritinos**

- Leg-length Discrepancy
K. Kateros
- Dislocation With Proper Oriented Implants
P. Megas
- Corrosion in Total Hip Arthroplasty
G. Digkas
- Periprosthetic Acetabular Fractures: Osteosynthesis vs. Endoprosthetic Revision
U. Stöckle
- Periprosthetic Femoral Fractures. Internal Fixation or Revision?
Ch. Milaras

12.20-12.30 *BREAK*

12.30-13.30 **ROUND TABLE**
COMPLICATIONS OF TOTAL KNEE ARTHROPLASTY
 Moderators **Th. Karachalios, Z. Stavrou**

- Painful Knee Arthroplasty
G. Drosos
- Knee Stiffness After Total Knee Arthroplasty
N. Baxevanos
- Instability After Total Knee Arthroplasty
O. Paxinos
- Soft Tissue Defects Management After Total Knee Arthroplasty
T. Begue
- Femoral Periprosthetic TKR Fractures - A New Epidemic On the Horizon - The Birmingham Experience and Our Management Pathway
A. Nikolaidis

13.30-13.40 *BREAK*

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 1

13.40-15.40 EFORT FORUM
MASSIVE ROTATOR CUFF TEARS: CURRENT TREATMENT OPTIONS
 Moderators: **G. Macheras, M. Hantes**

- Opening of the EFORT Forum
G. Macheras
- Rotator Cuff Repair: Does it Work?
M. Hantes
- Patch Graft Augmentation: When and How
P. Randelli
- Superior Capsular Reconstruction With Biceps Autograft
J. Barth
- Tendon Transfers
A. Boutsiadis
- Subacromial Balloon Spacer: Indications and Technique
E. Antonogiannakis
- When to Consider Reverse Shoulder Arthroplasty
P. Papadopoulos
- Summary of the EFORT Forum
P. Randelli

15.40-15.50 *BREAK*

15.50-16.50 ROUND TABLE
APPROACHES IN THA
 Moderators: **A. Tokis, E. Neonakis**

A. Papagiavis
P. Tsailas
V. Vervardakis
Th. Koukoubis

16.50-17.00 *BREAK*

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 1

17.00-18.00 SYMPOSIUM
SPINE SURGERY
 Moderators: **A. Bountis, V. Igoumenou**

P. Diaremes
P. Zouboulis
N. Schinochoritis
P. Korovessis
R. Afrati

18.00-18.10 *BREAK*

18.10-19.10 LECTURES
SHOULDER SURGERY
 Moderators: **Z. Kokalis, P. Papadopoulos**

N. Kotsakis
Ch. Chrysanthou
D. Kostopoulos
P. Pantos
A. Leonidou

19.10-19.20 *BREAK*

19.20-20.20 **ΔΡΥΦΟΡΙΚΟ SYMPOSIUM**


 Driven by innovation

20.20-20.30 *BREAK*



Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 1

20.30-22.30 PELVIC AND ACETABULAR SYMPOSIUM

Moderator: **P. Giannoudis, A. Kostakos**

- What are the Characteristics of the Killing Pelvic Fracture?
S. Papadakis
- Principles of Acute Management of Severe Pelvic Injuries
N. Kanakaris
- Pelvic Packing: How do I Do It-Clinical Results
H. C. Pape
- Reconstruction Of the Vertical Shear Lesion: My Preferred Method of Treatment
K. Papakostidis
- Combined Pelvic and Acetabulum Fractures: Algorithm of Management
A. M. Guimaraes
- What's New in the Management of Urogenital Injuries?
N. Kanakaris
- Fragility Pelvic Fractures: Which to Fix and Why?
T. Tosounidis
- Pathogenesis and Treatment of Post-Traumatic Pelvic Instability: An Update
P. Giannoudis
- Discussion of Cases
All faculty

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 2

09.00-10.00 LECTURES SPINE SURGERY

Moderators: **E. Tsafantakis, Ch. Kirilis**

V. Likomitros
Ch. Zafeiris
P. Christodoulou
M. Georgoudis
V. Karatzoulis

10.00-10.10

BREAK

10.10-11.10 SYMPOSIUM CURRENT KNOWLEDGE ON ORTHOPAEDIC DISORDERS TREATMENT OF CHILDREN AND ADOLESCENTS

Moderators: **N. Laliotis, R. Margariti**

Th. Goultidis
R. Margariti
S. Kolovos
P. Krallis

11.10-11.20

BREAK

11.20-12.20 SYMPOSIUM KNEE DISORDERS AND CARTILAGE LESIONS

Moderators: **K. Intzoglou, G. Petrides**

A. Beris
J. Benetos
E. Drakoulakis
A. Kaliakmanis
J. Gliatis

12.20-12.30

BREAK



Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 2

12.30-13.30 LECTURES
LIMB INJURIES
 Moderators: **A.B. Zoubos, N. Dris**

Z. Dailiana
V. Psychogios
J. Kostas-Agnantis
P. Giannakopoulos
N. Tzinieris

13.30-13.40 *BREAK*

13.40-14.40 ROUND TABLE
ANTERIOR CRUCIATE LIGAMENT
 Moderators: **K. Natsis, P. Papagianopoulos**

14.40-14.50 *BREAK*

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 2

14.50-15.50 ROUND TABLE
KNEE LIGAMENT DISORDERS
 Moderators: **N. Piskopakis, V.C. Fotopoulos**

D. Alexakis
A. Zibis
J. Terzidis
K. Intzoglou
P. Dagiopoulos

15.40-15.50 *BREAK*

15.50-16.50 SYMPOSIUM
HAND SURGERY
 Moderators: **E. Fandridis, M. Ladogianni**

A. Manta
N. Vergados
P. Kanellos
Ch. Pavlopoulos
N. Stefanou

16.50-17.00 *BREAK*

17.00-18.00 SYMPOSIUM
PEDIATRIC ORTHOPAEDICS
 Moderators: **N. Laliotis, N. Sekouris**

N. Laliotis
D. Karanikas
R. Dimitriou
N. Sekouris

18.00-18.10 *BREAK*



Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 2

18.10-19.10 **LECTURES**
FOOT AND ANKLE
 Moderators: **N. Tsiamis, Z. Zacharopoulos**

A. Pettas
J. Chiotis
Ch. Kallitsis
A. Darras
A. Vris

19.10-19.20 *BREAK*

20.30-21.30 **LECTURES**
INFECTION IN ORTHOPAEDIC SURGERY
 Moderators: **K. Malizos, S. Varitimidis**

- Operative Room Environment and Surgical Technique in the Prevention of Periprosthetic Infection
A. Pakos
- Diagnostics in Periprosthetic Infection. Current Knowledge
G. Komnos
- Forms of Biofilm and Goals of Debridement
M.-A. Malahias
- Single-Stage vs Two-Stage Revision for Infected TKA
I. Dourontakis
- Prosthetic Knee Infection: Negative Cultures and new Trends in Diagnosis
E. Barrena
- Postoperative Infections of the Spine
K. Soutanis

Scientific Program

FRIDAY 16 OCTOBER 2020

➔ Studio 2

21.30-22.30 **SYMPOSIUM**
SPECIAL ISSUES IN ORTHOPAEDICS
 Moderators: **Th. Karachalios, P. Megaloikonomos**

- COVID-19 Related Orthopaedic Literature. The EHS and EKA Collaboration
Th. Karachalios
- Unicomparmental Knee Arthroplasty
G. Petrides
- Reverse Shoulder Arthroplasty. Complications and Treatment
J. Polizois

Scientific Program

SATURDAY 17 OCTOBER 2020

➔ Studio 1

09.00-10.00 SYMPOSIUM
SPECIAL ISSUES IN ORTHOPAEDICS
 Moderators: **A. Kostakos, G. Kontakis**

G. Babis
A. Fortis
A. Kostakos
Th. Tosounidis
S. Sourmelis

10.00-10.10 *BREAK*

10.10-11.10 HIP SURGERY SYMPOSIUM
MY WORST EXPERIENCE
 Moderators: **V. Bitounis, G. Drosos**

P. Gikas
V. Bitounis
G. Macheras
E. Tsiridis
V. Nikolaou

11.10-11.20 *BREAK*

11.20-11.50 **SATELLITE LECTURE**



11.50-12.00 *BREAK*

Scientific Program

SATURDAY 17 OCTOBER 2020

➔ Studio 1

12.00-14.00 ESSKA SYMPOSIUM
THINKING OUT OF THE BOX
WHEN YOU TREAT AN ACL INJURY
 Moderators: **J. Menetrey, M. Hantes**

- Introduction to ESSKA
J. Menetrey
- Bony Morphology in ACL Deficient Patient: Is It Important?
D. Dejour
- Root Tears and Meniscal Ramp Lesions are Part of the ACL deficient Knee: Do Not Miss Them
M. Hantes
- What is a Big Pivot Shift Test? How to Measure it?
R. Becker
- How to Choose the Ideal Graft for ACL Reconstruction?
(Or is Quadriceps Tendon the Best Graft for ACL Reconstruction?)
J. Menetrey
- Management of Paediatric ACL: Do We Need to Protect Physis?
M. Iosifidis
- The "Game" Between ACL and PCL and its Importance in the ACL Surgery
A. Georgoulis

14.00-15.00 KNEE ARTHROPLASTY SYMPOSIUM
 Moderators: **Th. Karachalios, G. Macheras**

- Cementing Techniques in TKR - Back to the Future
A. Nikolaidis
- Individualised Total Knee Arthroplasty
Th. Karachalios
- Mechanical Alignment in TKR: Are There Other Options?
E. Barrena
- Robotic Assisted Unicompartmental Knee Arthroplasty in Difficult Cases
W. Bartlett
- Robotics: Myth and Reality
V. Bitounis

15.00-15.10 *BREAK*



Scientific Program

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➔ Studio 1

15.10-17.10 RESIDENTS FORUM

Moderators: **N. Kanakaris, P. Diaremes**

- The Need of a European Forum of Orthopaedic and Trauma Trainees
J. Diallo (CH)
- Training Programme in Trauma and Orthopaedics. The UK Model
N. Kanakaris (UK)
- Training in Trauma and Orthopaedic in Germany
P. Diaremes (DE)
- Non Surgical Skills in Orthopaedics
Th. Kostakos (UK)
- Principles of Intramedullary Nailing
A. Bekos (GR)
- Principles of Internal Fixation
S. Manthas (GR)
- Clavicle Fractures
M. Korobilia (GR)
- Humeral Shaft Fractures
Ch. Feroussis (GR)
- Radial Head Fractures
G. Toghias (GR)
- Distal Radius Fractures
Ch. Pitsilos (GR)
- Ultrasonography Importance for Congenital Hip Dysplasia Prevention
D. Melissaridou (GR)
- Intertrochanteric Fractures
G. Antoniou (GR)
- Femoral Neck Fractures
D. Sarris (GR)
- Open Tibial Fractures
A. Katsaras (DE)
- Ankle Fractures
A. Ziogou (GR)

Scientific Program

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➔ Studio 2

09.00-10.00 SYMPOSIUM

MUSCULOSKELETAL ONCOLOGY

Moderators: **P. Papagelopoulos, Ch. Zambakides**

- A. Mavrogenis**
- V. Kontogeorgakos**
- Th. Kormas**
- K. Papavassiliou**
- Ch. Zambakides**

10.00-10.10

BREAK

10.10-11.10 SYMPOSIUM

SPINE SURGERY

Moderators: **G. Sapkas, S. Moschos**

- Common Mistakes in AIS Surgery
H. Berk
- Complications of Lumbar Spine Surgery
Th. Patsiaouras
- Idiopathic Scoliosis
A. Christodoulou
- Complications of Scoliosis Surgical Treatment
A. Morakis
- Navigation Options in Spine Surgery
M. Lykissas
- Surgical Treatment for Metastases of the Cervical Spine
V. Igoumenou

11.10-11.20

BREAK

Scientific Program

SATURDAY 17 OCTOBER 2020

➔ Studio 2

11.50-12.50 SYMPOSIUM

Orthopaedic Infections

Moderators: **K. Malizos, S. Sourmelis**

- How to Manage an Infected Nonunion
K. Malizos
- Why 2-Stage Treatment of PJI's Remain the Gold Standard
G. Babis
- When How and to Whom the DAIR
L. Poultsidis
- Periprosthetic Infections of the Knee: the Berlin Algorithm
U. Stöckle
- COVID19. Orthopaedic Surgeon Perspective
W. Bartlett

12.50-13.00

BREAK

13.00-13.50 SYMPOSIUM

ORTHOPAEDIC AND TRAUMATOLOGY ASSOCIATION OF MACEDONIA AND THRACE

Moderators: **K. Kazakos**

13.50-14.00

BREAK

14.00-15.00 SYMPOSIUM

OF THE GREEK AND CYPRIOT DOCTORS ASSOCIATION OF NORTH RHINE-WESTPHALIA

Moderators: **V. Galanis, V. Igoumenou**

